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## Hawayo Takata 1900 - 1980

### Reiki comes to the West

Hawayo Takata was born at dawn on December 24th 1900, on the island of Kauai, Hawaii. Her parents were Japanese immigrants and her father worked in the sugar cane fields. She eventually married the bookkeeper of the plantation where she was employed. In October of 1930, Saichi Takata died at the age of thirty-four leaving Mrs. Takata to raise their two daughters.

In order to provide for her family, she had to work very hard with little rest. After five years she developed severe abdominal pain, a lung condition and had a nervous breakdown.

Soon after this, one of her sisters died and she traveled to Japan where her parents had moved to deliver the news. She also felt she could find help for her poor health in Japan. Here she came in contact with Dr Hayashi's clinic and she began receiving Reiki treatment.

Mrs. Takata received daily treatments twice a day and got progressively better. In four months, she was completely healed. Impressed by the results, she wanted to learn Reiki. In the Spring of 1936, Mrs. Takata received First Degree Reiki (Shoden). She worked with Dr. Hayashi for one year and then received Second Degree Reiki (Okuden).

Mrs. Takata returned to Hawaii in 1937. She was soon followed by Dr. Hayashi who came to help Mrs Takata establish Reiki in Hawaii. In the Winter of 1938, Dr. Hayashi initiated Hawayo Takata as a Reiki Master. She was the thirteenth and last Reiki Master Dr. Hayashi initiated.

Between 1970 and her transition on December 11th 1980, Mrs. Takata initiated twenty-two Reiki Masters.

The original twenty-two teachers have taught others. In the decade since Mrs. Takata experienced transition, Reiki has spread rapidly in the West and East and is now practiced throughout all parts of the world. There are now tens of thousands of Reiki Masters and millions of people practicing Reiki throughout the world.

**Find out how Reiki will give you health, [click here!](#)**

(Much of this text was written by William Lee Rand and is used with his permission. I comes from his site [www.reiki.org](http://www.reiki.org))

Dr Mikao Usui

Dr. Hayashi

Mrs Takata

The Healing Dictionary

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Hawayo Takata